



Trips for Kids Marin Digest

Trips for Kids Marin Newsletter | Spring 2020 | tripsforkidsmarin.org

Tinkering with Bikes

An Interview Jim Gloystien, a volunteer in our Re-Cyclery Bike Shop.

Jim Gloystein has been donating cycling parts to Trips for Kids Marin (TFKM) for 30 years. In the last few years, Jim has become an avid volunteer in our Re-Cyclery bike shop helping



Jim Gloystein

tune up and restore donated bikes. A self described "Roadie", Jim got his start tinkering on bikes when his father showed him how to adjust the bearings on his first bicycle, a Royce Union one speed, he earned working a paper route. Now, a veteran of multiple cross-country

bicycle tours Jim brings all of his expertise to the Re-Cyclery where he volunteers regularly. In addition to helping in the shop, occasionally Jim leans on his 40 years of experience in the technology industry to help troubleshoot technical issues for TFKM. Jim shared some thoughts on volunteering for TFKM.

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Earning Bikes Virtually

How Earn-A-Bike shifted gears to continue teaching during the COVID-19 shut down.

Unphased and steadily rolling forward, Earn-a-Bike shifted to virtual classes this past month in response to COVID-19. Normally, in our Earn-A-Bike program, youth in Marin County complete a six week class with hands-on lessons in bike mechanics and safety at our warehouse in the canal district. After completing the course, and one Saturday ride, students earn their own bike, helmet, and lock. In 2019 alone, we had 80 participants, 46 bikes earned, and most students engaging in over 20 hours of E-A-B programming. Even more exciting, over 70% of graduates returned for our intermediate and advanced E-A-B classes.



E-A-B student Iago Zamudio riding a local trail for his 'homework'.

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Letter from the Executive Director

Greetings Trips for Kids Marin Community,

Thank you for contributing your time, talents, and resources to bring our mission alive. Your generosity has helped to create transformative cycling experiences for Bay Area youth who would otherwise not have the opportunity or resources to get out riding!

With your help, in 2019 we were able to use the bicycle as a tool to: inspire healthy lifestyles, connect kids to the natural world, and build self-esteem. With your support, Trips for Kids Marin was able to:

- Provide over 165 Trail Rides for over 2,000 youth
- Teach over 80 students in our Earn-A-Bike program
- Facilitate 116 Sessions of our Mobile Bike Workshop

In the start of 2020, we were positioned to reach even more Bay Area youth. However, with the COVID-19 crisis, Trips for Kids Marin has had to shift gears. Our Trail Ride team has produced a virtual 'Discovery Trail Ride Series' that shares tips and tricks for safe riding. And, of course, Earn-a-Bike students are engaging in virtual lessons.

With sales in our Re-Cyclery down due to shelter-in-place, **your contribution is truly what is keeping Trips for Kids Marin rolling!**

We invite you to continue to be apart of the work we are doing by:

- Donating financially
- Donating bikes and gear to the Re-Cyclery (See Page 4)
- Volunteering your time, talents, and skills
- Shopping at the Re-Cyclery (please call to set up an appointment)
- Shopping online through our new eBay store

Once the shelter-in-place is lifted, I look forward to seeing you at the Re-Cyclery or out on the trail. Thank you for your support and for bringing the freedom, adventure, and joy of cycling to so many kids!

Bec Detrich

Bec Detrich,
Executive Director

Follow us to get #morekidsonbikes!

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Jim Gloystein on some of his many cycling adventures.

Tinkering with Bikes - Continued from page 1

Why do you volunteer your time at Trips for Kids Marin?

"I have always believed in the mission of Trips for Kids Marin, including giving people the opportunity to ride a bike they would never have otherwise. I have always thought it was such a great organization. So, I volunteer for the vision, which I believe in, and I volunteer because I absolutely love tinkering with bikes. I can't put it in any other way. There are two things that I tinker with in my life - bikes and computers.

The people at Trips for Kids Marin are part of my "kinship" of cycling enthusiasts. I have received such warm acknowledgement from everyone in the organization and continue to do so. I get a real sense of "belonging" from volunteering at TFKM."

Tell us about a moment that brought you joy while volunteering for Trips for Kids Marin.

"Just being acknowledged for all the work I do. I mean it just puts a smile on my face when I am recognized. And that goes a long way. It is cheap and it is highly overlooked. I also want to say Brian, [the Re-Cyclery Shop Manager], has also been critical of my work and I appreciate that. It is not one big sugar coat that he gives me all the time. You know when I do something doesn't meet his satisfaction, he tells me and he is very clear about it. So, I like that. I love working with those mechanics. I have just learned so much. And it is not basic stuff, but it is the zillion things you need to know for little parts and standards. Brian is a walking encyclopedia with those things. It is amazing what he knows."

Please visit our website to learn more about upcoming volunteer opportunities.



Students from the Earn-A-Bike Program learning remotely.

Earn-A-Bike - Continued from page 1

Despite all the hurdles, our Earn-A-Bike program manager, R.J., never missed a beat. Within a week, R.J. was running classes online. Explaining Earn-A-Bike's S.T.E.M. principals virtually forced R.J. to become quite creative using screen share, the 'Paint' application, hands-on homework, and a bike stand in front of the camera. In spite of everything, every participating student is on track for graduation!

Got your thinking cap on? Here is an example of some of the creative hands-on homework students completed last week. Draw a 10 foot line. Time yourself walking, hopping, and riding the full length of the line. Now, using the

formula $\text{Distance} = \text{Rate of Speed} \times \text{Time}$, calculate the speed for each version. Take a moment, remember your algebra, and solve the equation!

Spring Cleaning Donations

If you haven't heard, we are open for donations! However, we are still not back to our normally scheduled open hours. So, please contact the Re-Cyclery and make an appointment to drop off your donations. Appointments can be made by calling 415-458-2986 Ext. 1 or emailing brian@tripsforkidsmarin.org. Please see details on donations below. Thank you!

SPRING CLEANING DONATIONS

Please call to set up an appointment to drop off items.



Bicycles / Frames

- Dusty not Rusty
- All Sizes: Adult and Kid
- Complete: Has 3/4 of Parts

Accessories

- Functional and Reusable:
 - Bike Racks / Bags
 - Pumps
 - Lights and Bells
 - Tools
 - Helmets

Clothing / Shoes

- Washed
- No Tears or Rips

Racks / Kid Trailers

- Complete: No Missing
- Car Hitch Racks Preferred
- Trailers: Safe and No Mold

Parts

- No Worn Out / Broken Parts
- Functional and Reusable:
 - Pedals
 - Seatposts / Saddles
 - Handlebars / Stems
 - Gears / Chains
 - Shifters / Derailleurs
 - Wheels / Tires

Frames

- Bike Shop Quality
- No Broken, Cracked, Rusty, Dented, or Crashed Frames

Questions
about donations?

Call the Re-Cyclery
(415) 458-2986 ext. 1